



SEMINAR

From Risk To Resilience: Effective HIRARC Implementation for a Safer Workplace

DATE & TIME

▶ 8 July 2026 ▶ 9 am - 5 pm

VENUE ▶ Shah Alam Convention Centre

TRAINING FEE

RM100 ▶ MRC Members

RM250 ▶ Non-MRC Members



Hazards Identification, Risk Assessment, and Risk Control (HIRARC) is a fundamental requirement under the Occupational Safety & Health (OSH) regulatory framework in Malaysia. Effective HIRARC implementation ensures systematic identification of workplace hazards, evaluation of associated risks, and deployment of appropriate control measures to prevent accidents, injuries, and operational disruptions.

This one day workshop aims to equip participants with practical skills and tools to conduct HIRARC effectively, in compliance with Department of Occupational Safety & Health (DOSH) Malaysia requirements and international best practices (ISO 45001:2018).

Strengthen your organisation's safety framework with this practical HIRARC workshop aligned with international best practices (ISO 45001:2018). Participants will gain the knowledge and hands-on skills to identify workplace hazards, conduct systematic risk assessments, apply effective control measures, and prepare audit-ready documentation, empowering teams to drive continuous improvement and build a proactive, compliant safety culture.

Participants will leave the workshop equipped to perform HIRARC confidently and independently, with stronger safety compliance knowledge, improved hazard prevention skills, enhanced workplace safety culture, and more systematic, standardised documentation practices.

▶ Who Should Attend

- Safety & Health Committee Members
- Safety Managers, Supervisors, Executives, and Coordinators
- Engineers and Technical Personnel
- Production, Maintenance, and Operations Teams
- Anyone responsible for workplace safety documentation and compliance
- Technical and Quality team

▶ Speakers



Mr. Sin Yoong Cheong

President of The Plastics and Rubber Institute Malaysia (PRIM) & General Manager of Sin Rubtech Consultancy Sdn. Bhd.

A Certified ESG Management Advisor and has more than 20 years of experience in the rubber industry particularly in the use of Polymer Bound Predispersed Chemicals in assisting rubber product manufacturers to achieve their sustainability goals.



Mr. Raja Sellamuthu

Vice-President of The Plastics and Rubber Institute Malaysia (PRIM)

A Certified ESG Management Advisor and professional with a wide range of experience in the rubber industries, specializing in manufacturing best practices, lean manufacturing, quality management systems, research and development, new technology, and smart factory operations.

▶ Programme Details

8.30 am
9:00 am
9:15 am
10.45 am
11.00 am
01:00 pm
02:00 pm
03.30 pm
03.45 pm
05:00 pm

Registration & Welcome Coffee
Opening Remarks by MRC
Fundamentals of HIRARC & OSH
Morning Tea Break
Hazard Identification Techniques & Case Studies
Lunch Break
Risk Assessment Methods & Risk Matrix Development
Afternoon Tea Break
Risk Control Measures & Practical Exercises
Q&A Session, Satisfaction Survey & Closing

• Click here to Register

CONTACT DETAILS

Norazlan Jantan

norazlan@myrubbercouncil.com

+6012-374 7097